

Version 2 as at
26 April 2021



2021 Gauteng Road & TT Championships

Time Trial > Saturday **29 may**

Road Race > Sunday **30 may**

@ MAKITI VENUE Sterkfontein Cave Road, Krugersdorp

The 2021 Gauteng Provincial Road and Time Trial Championships will take place at: **MAKITI FAMILY RESTAURANT & WAFFLE HOUSE** on the Sterkfontein Caves Road, in Kromdraai, Krugersdorp.

The Time Trial will take place on Saturday, 29 May 2021.

The Road Race will take place on Sunday, 30 May 2021.

Both days will commence from 06:00.

PLEASE NOTE:

This event is a closed Provincial Championship for Gauteng riders only.

The championship will be run in accordance with the **UCI Rules** as well as the **CSA Rules**. Please ensure that you are familiar with these rules. In accordance to UCI Rules, the U23 category may race with the Elites. However, there will be separate category medals for the Elites and U23 riders (i.e. if an U23 rider takes the win, he/she will only be the U23 Champion, and the first Elite rider will be the Elite Champion.)

Contact Details: Race Organiser

Event Director: Peter McGuire 0820891501

Secretary: Alida Naudé secretary@gautengcycling.co.za

Food & Refreshments

Coffee and Food Vendors will be available at the start / finish area outside Makiti.

Licenses

The Championship is a closed Provincial Championship for Gauteng riders only who have applied for and were issued with a **Cycling SA Full Racing License for 2021**.

The U/11 – U/17 categories require only a Cycling South Africa Membership.

Para-Cyclists

The Championships will include categories for Para Cyclists – please indicate your classification when entering.

Medals

Medals will be awarded to the category winners provided that there are enough entries for that category. NO JERSEYS will be made available for 2021.

Timing

Time Trial – Officials

Road – RaceTec will do the timing for the Road Race – please ensure that you have

YOUR OWN chip on your bike.

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Restrictions on gears and equipment

Restricted gears will be applicable for the Junior and younger categories and roll-in will take place before start of the Road Race as well as the Time Trial.

Under11:	Equal to and not more than 6,227 metres.
Under13:	Equal to and not more than 6,227 metres.
Under15:	Equal to and not more than 6,626 metres.
Under17:	Equal to and not more than 6,897 metres.
Junior:	Equal to and not more than 7,93metres

CSA restriction pertaining to bicycles and equipment for Youth, U15, U13 and U11 applies.

No blocked gears will be allowed.

Entries

Entry is done via a portal which can be accessed here: [ENTER HERE](#)

You will receive a confirmation of your entry via e-mail.

Payment details will be in the e-mail. Please forward proof of payment of entry fees to the e-mail provided.

Pre-entries close on 24 May 2021 at midnight.

Strictly no late entries for the **Time Trial and Para Cycling categories** after 25 May 2021.

Late entries for the **Road Race** until 26 May 2021, subject to a **R100** Penalty.

Entry Fees

NO PRICE INCREASE FOR 2021

ENTRY FEE for TIME TRIAL:

U15 and younger	: R160
U17 and older	: R330
Para Cyclists	: R330

ENTRY FEE for ROAD RACE:

U15 and younger	: R270
U17 and older	: R440
Para Cyclists	: R440

ENTRY FEE for BOTH EVENTS:

**Save if entering
for both events
(Pre-entries only)**

U15 and younger	: R360
U17 and older	: R660
Para Cyclists	: R660

Registration & Number Collection

Registration will take place:

- Saturday 29 May, up to 1 hour before the start of own TT starting time, and
- Sunday 30 May, up to 2 hours before the start of your category race.

A deposit of R50 will be levied at registration for race numbers, which will be refunded on return of the number.

Sign on will be conducted for each category of the Road Race.

Sign on will start 30 minutes before the start of the category and close 10 minutes before the start of each category. If a rider has not signed on, he / she will be disqualified.

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Feeding Zone, Support Vehicles & Radios

2021 Team Manager's accreditation is required for a support vehicle to be allowed on the route.

Team Manager's meeting for the Road Race:
08:00 and 11:30 at the START.

There will be one clearly marked Feeding as well a Waste Zone for the Road Race.

- This is only applicable to races longer than 70km.
- No feeding is allowed within the first 30km and the last 20km of any race subject to extreme weather protocols and decision during the Team Managers Meeting.
- No feeding will be allowed from support vehicles on racing distances shorter than 70km.
- Feeding & Waste Zone will be demarcated.
- Position of the Feeding Zone: at the R540 / M5 circle once you turned left onto the R540.
- Waste Zone will be 2km after Feeding Zone.
- No feeding will be allowed during any of the Time Trial events.

Radio communication between following vehicles and riders will be permitted during the Time Trial. Only Commissaries, registered team managers and neutral service personnel will be permitted to use radios to communicate among themselves during the road races.

Anti-Doping / Medical Control

The Anti-Doping Protocol and Rules of the UCI and Cycling SA will apply.

Riders under the age of 18 must be accompanied by a team manager or guardian with the necessary identification.

Race Numbers

Each rider will receive 2x back numbers and 1x frame number in the race pack.

Road Race: Two back numbers and frame number will be used for the Road Race.

Time Trial: One back number will be used for the Time Trial event.

Riders must ensure that their back numbers and frame numbers are always clearly visible.

Frame numbers are to be placed **horizontally** above the back wheel and **NOT** under the saddle.

Please note: **NO NUMBERS TO BE CUT OR FOLDED IN ANY WAY**

Medical

Each rider entering this event confirms that he / she is healthy and able to compete at the Provincial Championships.

It is the responsibility of each rider to ensure that necessary provision has been made for adequate medical and personal liability insurance as stipulated and required by the UCI.

In the event of any accident, injury, or medical emergency the injured person concerned will be taken to the nearest hospital and all accounts will be for the injured.

Netcare Pinehaven Hospital: 14.7 km from venue, 011 950 5400
Netcare Krugersdorp Hospital: 14.4 km from venue, 011 951 0200

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VENUE INFORMATION

Directions to Venue

The 2021 Gauteng Provincial Road and Time Trial Championships will take place at **Makiti Family Restaurant & Waffle House** on the Sterkfontein Caves Road, in Kromdraai, Krugersdorp.

Click here: <https://goo.gl/maps/OPeKqMDzAUTiWfd3A>

Parking at Venue:

There is ample parking at the venue.

TIME TRIAL INFORMATION

Bicycles & Equipment: Time Trial

Time Trial entrants to ensure that they provide their correct e-mail addresses when entering, in order to receive the individual starting times.

Ladies participating in the Time Trial should indicate at the starting line if they DO NOT want assistance with a standing start (shoes clipped-in).

All bicycles will be checked, weighed and measured. In the case of the Junior age category and younger, participants will be rolled in for gear ratios, before the start of the Time Trial. This will be undertaken in a clearly marked designated area before the start line and **once done, the rider as well as the bicycle cannot leave the starting / checking area.**

A rider who arrives late for his/her start will not be permitted to start until such time as his/her bicycle has been checked, weighed and measured and in the case of the Junior age category and younger, rolled in for gear ratios.

Strict rules will apply with regard to the UCI technical regulations including the diameters and length of Time Trial Bars (1:3 ratios).

Riders will not be allowed to use the TT circuit to warm up.

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Route Description: Time Trial

Route description: The time trial circuit is 20 km in length. Depending on your distance you will either turn around at some point or complete a lap or two of the circuit.

The entire 20 km of circuit will not be closed for traffic, please be alert and stay within the yellow lane for your own safety.

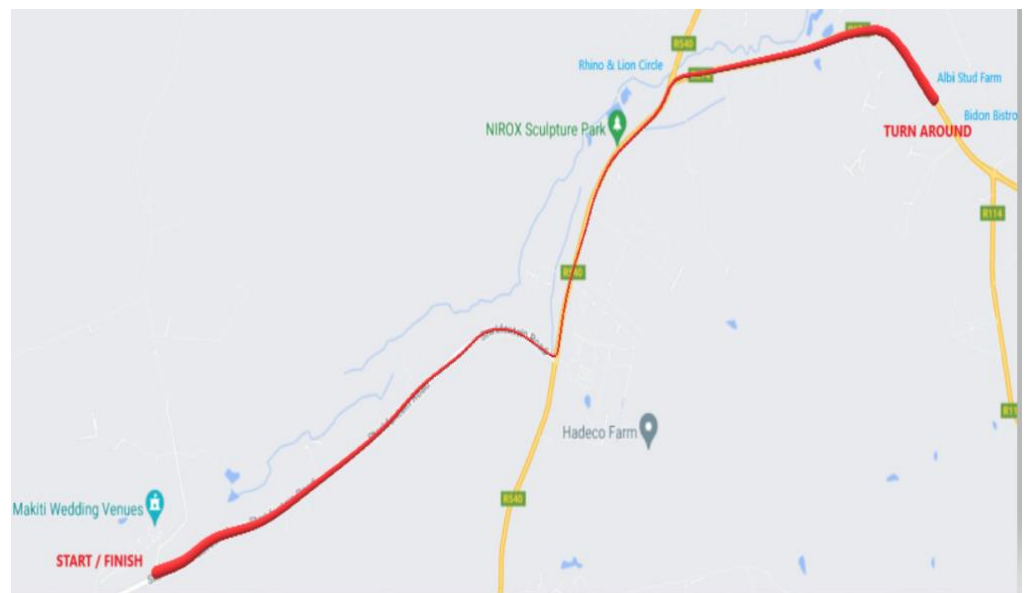
PLEASE NOTE:

No Team Vehicles will be allowed to follow riders.
Traffic rules apply. Keep left at all times.

PROFILE OF ONE LAP OF THE TT CIRCUIT:



<https://www.strava.com/routes/2768572139072629580>



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Time Trial: Distances

GROUP	DISTANCES
Under 11 Girls	8.4 km 4.2 km out and back on the TT Circuit https://www.strava.com/routes/2768571217927040666
Under 11 Boys	
Under 13 Girls	
Under 13 Boys	
Under 15 Girls	
Under 15 Boys	
Under 17 Girls	
Para Cyclists (per classification)	12.8 km 6.4 km out and back on the TT Circuit https://www.strava.com/routes/2768600312737923738
Under 17 Boys	
Master Ladies 50-54	
Master Ladies 55-59	
Master Ladies 60+	
Master Men 65-69	
Master Men 70+	
Junior Ladies	19.16 km 1 Full lap of the TT Circuit (9.6 km out and back on the TT Circuit) https://www.strava.com/routes/2768572139072629580
Veteran Ladies 30-34	
Veteran Ladies 35-39	
Veteran Ladies 40-44	
Veteran Ladies 45-49	
Veteran Men 30-34	
Veteran Men 35-39	
Veteran Men 40-44	
Veteran Men 45-49	
Master Men 50-54	
Master Men 55-59	
Master Men 60-64	
Junior Men	
Under 23 Ladies	
Elite Ladies	
Under 23 Men & Elite Men	38.34 km 2 Full laps of the TT Circuit https://www.strava.com/routes/2768572979907467930

PLEASE NOTE:

Individual start times to be confirmed on **27 May at 20:00**, and distributed via e-mail, and published on **Central Gauteng**, as well as **Gauteng North** and **Gauteng Cycling Facebook** pages.

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ROAD RACE INFORMATION

Bicycles & Equipment: Road Race

All bicycles will be checked and weighed and in the case of the Junior age category and younger, rolled in for gear ratios, 20-30 minutes before the start of each race. This will be undertaken in a clearly marked designated area before the start line and **once done, the rider as well as the bicycle cannot leave the starting / checking area**. If a rider / bicycle leaves the checking area a recheck will be needed. If a rider's bike has not been checked, he or she will not be allowed to start until this has been done. It is the rider's responsibility to have his or her bike checked on time.

The first 5 riders from the Junior age category and younger will be required to undergo a gear check immediately after their race has been completed.

Route Description: Road Race

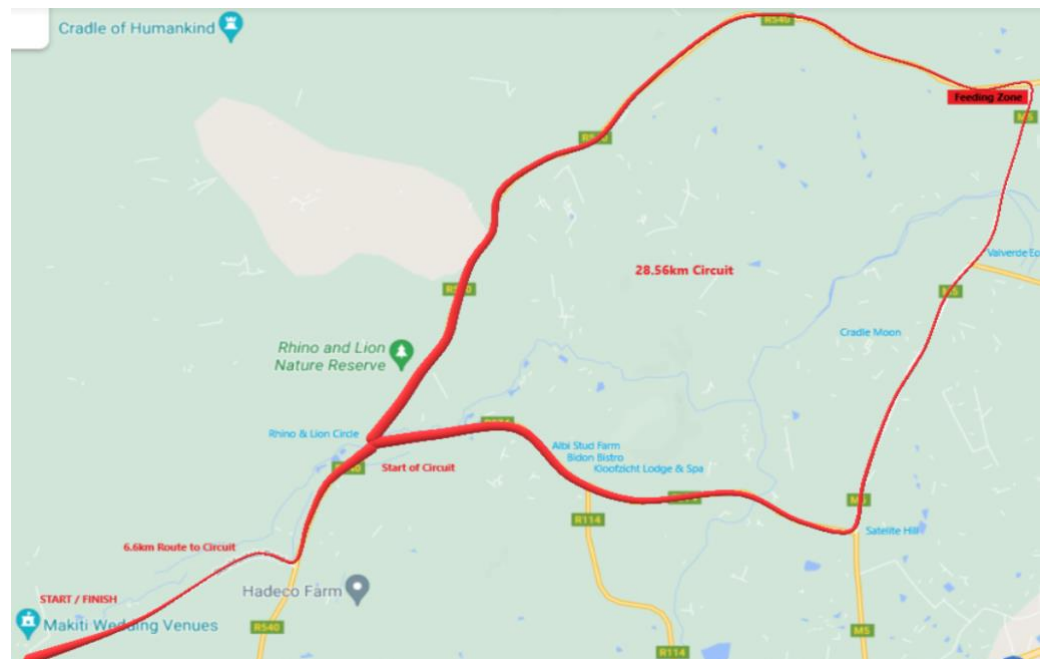
Route description:

- The route consists of a 6.6 km section which takes you to the start of the 28.56 km circuit.
- Depending on your distance you will either turn around at a defined distance or complete one or more laps of the circuit as indicated in the table below.
- The final stretch of 6.6 km takes you back to the start-finish area.

PROFILE OF ONE LAP OF THE ROAD RACE CIRCUIT:



<https://www.strava.com/routes/2768558189173317376>



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Road Race: Start Times & Distances

Refer to following distance chart for number of laps to be completed per age category.

NOTE: Groups and start times may change. Please confirm before race day.

Group	Start Time	Distance	Route
U11 Girls	07:00	20	Turnaround: 10 km https://www.strava.com/routes/2768555061080293120
U11 Boys	07:00	20	
U13 Girls	07:00	20	
U13 Boys	07:05	26	Turnaround: 13 km https://www.strava.com/routes/2768556333395431244
U15 Girls	07:05	26	
Para Cyclists (per classification H1 / H2 / H3 / H4 / H5 / C1 / T1 / T2)	07:15	41.8	1 Complete Lap of Route https://www.strava.com/routes/2768558189173317376
Master Men 70+	07:15	41.8	
Master Ladies 60+	07:15	41.8	
U15 Boys	07:20	41.8	
U17 Girls	07:20	41.8	Two Laps of Circuit https://www.strava.com/routes/2768561689025155738
U17 Boys	09:00	70.4	
Junior Ladies	09:00	70.4	
Para Cyclists (per classification C2 / C3 / C4 / C5)	09:10	70.4	
Master Men 65-69	09:10	70.4	
Master Men 60-64	09:10	70.4	
Master Ladies 50-54	09:10	70.4	
Master Ladies 55-59	09:10	70.4	
Master Men 55-59	09:20	70.4	Two Laps of Circuit https://www.strava.com/routes/2768561689025155738
Veteran Ladies 45-49	09:20	70.4	
Veteran Ladies 40-44	09:20	70.4	
Veteran Ladies 35-39	09:20	70.4	
Veteran Ladies 30-34	09:20	70.4	

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Awards Ceremony will take place around 09:30 for the 1st groups that started 07:00 to 07:20

U23 Men	12:10	156	Five Laps of Circuit https://www.strava.com/routes/2768586055113775948
Elite Men	12:10	156	
Veteran Men 35-39	12:20	127.5	Four Laps of Circuit https://www.strava.com/routes/276858421723030170
Veteran Men 30-34	12:20	127.5	
Veteran Men 45-49	12:30	127.5	
Veteran Men 40-44	12:30	127.5	
Master Men 50-54	12:40	127.5	
U23 Ladies	12:50	127.5	
Elite Ladies	12:50	127.5	
Junior Men	13:00	127.5	

Awards Ceremony will take place around 13:20 for the 2nd groups that started 09:00 to 09:20

***Final Awards Ceremony of the Day
(approximately 17:00)***

COVID-19 PROTOCOL

Covid-19 Rules to be followed:

- All cyclists to adhere to the Covid-19 protocols as set out by the Government.
- All cyclists to wear a facemask all the time whilst not riding.
- Facemasks may be removed at the start of your race, for the duration of the race **only**.