



presented by:



Grootvlei Nederduitsch  
Hervormde Kerk,  
Rooiwal

## ROAD RACE

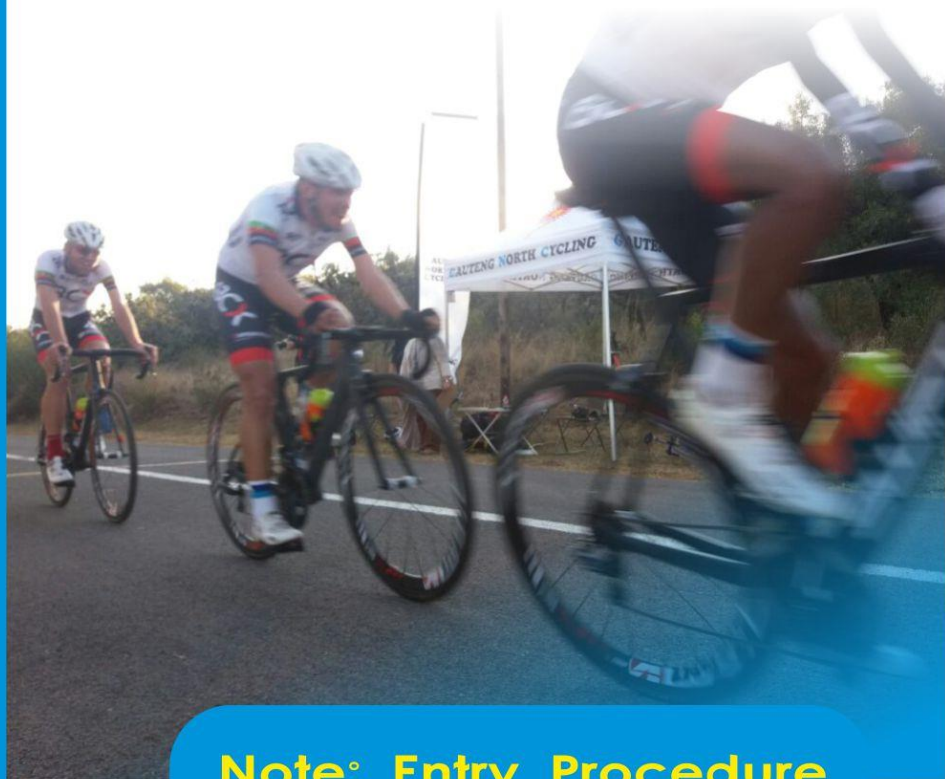
Saturday  
20 January

## TIME TRIAL

Sunday  
21 January



# RACE INFORMATION & Everything Else You Need to Know



### Note: Entry Procedure

Entry form available at the back of this document.  
Please fill in and email to organisers.  
All other information re. race days and  
starting times is contained in this document.  
Please keep close at hand.



The 2018 Gauteng Provincial Road Championships will take place on Saturday, 20 January 2018 from 06:00, and the Provincial Time Trial Championships will take place on Sunday 21 January 2018 from 11:00 at the Grootvlei Nederduitsch Hervormde Church (Rooiwal).

**GPS Coordinates** for the Church:

-25.554135, +28.249197      **OR**      -25°33'14.89", +28°14'57.11"

**PLEASE NOTE:**

*This event is a closed Provincial Championship for Gauteng riders only.*

### Contact Details: Race Organisers

Gusti van Rooyen: [gncsecretary@gmail.com](mailto:gncsecretary@gmail.com) or 082 895 6103

### Directions to the Venue:

**From Johannesburg**, travel on the N1 North and take the Wallmansthal off ramp. Turn left after the toll gate and proceed until you arrive at a T-junction. This is the Old Warmbaths Road (R101). Turn right and proceed 1km until the turn-off before the bridge. Turn right and the church is on the right hand side about 500m up the road.

**From Pretoria**, travel on to the N1 North and follow the directions above, or travel along the Old Warmbaths Road (R101).



### Food & Refreshments

The Church will have food and refreshments on sale on both days. Please support them.

### Licenses

The Championship is open to all cyclists that reside within **Gauteng** who have applied for and were issued with a **Cycling SA full racing license for 2018**. The U/11 – U/17 categories require only Cycling SA membership.

Riders will be required to present their licences at registration or at any other time at the request of the race officials/organizers.

### Para Cyclists

These Championships will include categories for Para Cyclists – please indicate your classification on the entry form.

### Medals

Medals will be made available for the category winners provided that there were enough entries for that category. NO JERSEYS will be made available for 2018.



## Restricted Gears

Restricted gears will be applicable for the Junior and younger categories and roll-in will take place before start of the Road Race as well as the Time Trial.

Under 11:	Equal to and not more than 6,227 metres.
Under 13:	Equal to and not more than 6,227 metres.
Under 15:	Equal to and not more than 6,626 metres.
Under 17:	Equal to and not more than 6,897 metres.
Junior:	Equal to and not more than 7.93 metres

No time trial bars, time trial bicycles or carbon wheels will be allowed for the U/15 and younger categories.

For more information, see

<https://www.cyclingsa.com/road-cycling-press/2017/12/14/gear-restrictions-for-sa-road-tt-championships>

## Timing

**Racetec** will do the timing for the Road Race – please ensure that you have **YOUR OWN** chip on your bike!

## Entries

Entry form available from the organisers.

**Pre-entries close on 15 January 2018 at midnight.**

Strictly no late entries for the **Time Trial and Para Cycling categories** after this date.

Late entries for the **Road Race** until 18 January subject to a R30 penalty.

## Entry Fees

Entry fees are as follows:

### ENTRY FEE for TIME TRIAL:

U15 and younger	: R100
U17 and older	: R250
Tandem	: R500
Para Cyclists	: R250

**No late entries for Time Trial**

### ENTRY FEE for ROAD RACE:

U15 and younger	: R200
U17 and older	: R350
Tandem	: R700
Para Cyclists	: R350

**Late entries for Road Race will be accepted until 18 Jan with a penalty of R30. Not applicable to Para Cyclists!**

### ENTRY FEE for BOTH EVENTS:

U15 and younger	: R255
U17 and older	: R510
Tandem	: R1020
Para Cyclists	: R510

**Save 15% if entering for both events (Pre-entries only)**

## Registration & Number Collection

Registration will take place on Saturday, 1 hour before the start of each race; and on Sunday, up to 1 hour before your own Time Trial starting time.

**A deposit of R50 will be levied at registration for race numbers – which will be refunded on return of the number.**



## Support Vehicles & Radios

Team Manager's license and accreditation is required for a support vehicle to be allowed on the route. **Accreditation to be obtained before 18 January from Gusti van Rooyen: [gncsecretary@gmail.com](mailto:gncsecretary@gmail.com) or 082 895 6103.**

No feeding will be allowed from support vehicles. Feeding zone will be demarcated. No feeding will be allowed during any of the Time Trial events.

Radio communication between following vehicles and riders will be permitted during the Road Race and Time Trial. Only Commissaires, registered managers and neutral service personnel will be permitted to use radios to communicate among themselves.

There will be one clearly marked feeding station for the Road Race at approximately 7km after the start. This is only applicable to races longer than 70km. No feeding is allowed within the first 50km and the last 20km of any race.

## Anti-Doping / Medical Control

The Anti-Doping Protocol and Rules of the UCI and Cycling SA will apply.

Riders in the Junior Age Category must be accompanied by an adult (team manager or parent) with the necessary identification.

## Bicycles & Equipment: Road Race

All bicycles will be checked, weighed and measured and in the case of the Junior Age Category and younger, rolled in for gear ratios, 20-30 minutes before the start of each race. This will be undertaken in a clearly marked designated area before the Start Line and once done, the rider cannot leave the starting area.

The first 5 riders from the Junior Age Category and younger will be required to undergo a gear check immediately after the race has been completed.

## Bicycles & Equipment: Time Trial

**Time Trial entrants to ensure that they provide their correct e-mail addresses when entering, in order to receive the Time Trial individual starting times.**

Ladies participating in the Time Trial should indicate at the starting line if they DO NOT want assistance with a standing start (shoes clipped-in).

All bicycles will be checked, weighed and measured. In the case of the Junior Age Category and younger, participants will be rolled in for gear ratios, before the start of the Time Trial. This will be undertaken in a clearly marked designated area before the Start Line and once done, the rider cannot leave the starting area.

A rider who arrives late for his/her start will not be permitted to start until such time as his/her bicycle has been checked, weighed and measured and in the case of the Junior Age Category and younger, rolled in for gear ratios.

Strict rules will apply with regard to the UCI technical regulations including the diameters and length of Time Trial Bars (1:3 ratios).

Should equipment not be checked (for whatever reason, eg. insufficient Commissaires), riders are reminded that it is the rider's responsibility to ensure that equipment meets the rules for participation in National Championships.



## Race Numbers

Each rider will receive 2 x back numbers and 1 x frame number in the race pack.

**Road Race:** Two back numbers will be used for the Road Race

**Time Trial:** One back number will be used for the Time Trial event.

Riders are to ensure that their back numbers and frame numbers are clearly visible at all times.

Frame numbers are to be placed horizontally behind the saddle in line with the saddle pin.

## Medical

Each rider entering this event confirms that he/she is healthy and able to compete at the Provincial Championships.

It is the responsibility of each rider to ensure that necessary provision has been made for adequate medical and personal liability insurance as stipulated and required by the UCI.

In the event of any accident, injury or medical emergency the victim concerned will be taken to the nearest hospital and all accounts will be for the injured.

## Route Description: Road Race

The route will consist of approximately 22.4km loops

### ROUTE DESCRIPTION:

- Start at Rooiwal;
- After 2km turn right at intersection (which is the start of the first lap);
- After 5km turn left at intersection;
- After 5.8k the road makes a 90 degree left turn;
- After 7km turn left at T-junction;
- After 4.6km turn left to start the 2nd lap (22.4km per lap) or continue straight for 2km to the finish.

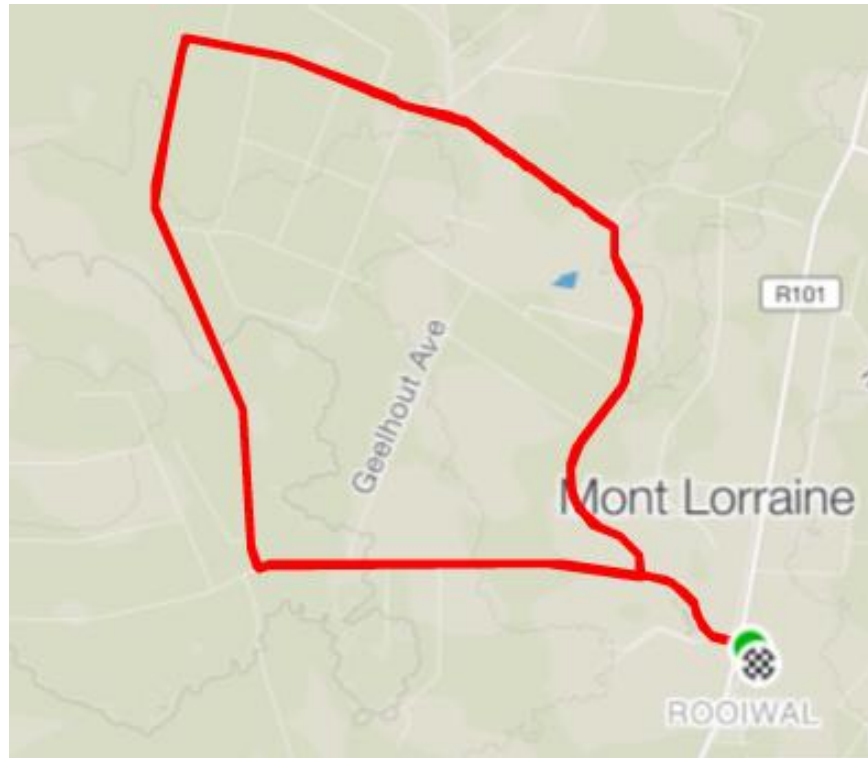
**Refer to following distance chart for number of laps to be completed per age category.**

**Once you've done all your laps, DO NOT turn left again, but continue straight for 2km to the finish**

### ROUTE DESCRIPTION FOR UNDER 11s & UNDER 13 Girls

- Start at 7km marker (first left turn on route);
- After 5.8k the road makes a 90 degree left turn;
- After 7km turn left at T-junction;
- Continue straight for 6.5km to the finish.

**Total Distance: 19.3km**



#### Profile of One Lap



Strava link to the route: <https://www.strava.com/segments/15055424>

### Route Description: Time Trial

The Time Trials will **all** start at the Church.

#### 10km route

- Start at the Church,
- After 2km right at first T-junction to Bultfontein A/H,
- The 10km turnaround is at the second gravel road joining this tar road (Keurboom lane).

#### 15km route

- Start at the Church,
- After 2km turn right at first T-junction to Bultfontein A/H,
- After 5km turn left at next T-junction,
- The 15km turnaround is 400m on, just before the narrowing of the road.



### 20km route

- Start at the Church,
- After 2km turn right at first T-junction to Bultfontein A/H,
- After 5km turn left at next T-junction,
- The 20km turnaround is in the vicinity of Baba's Lodge.

### 30km route

- Start at the Church,
- After 2km turn right at first T-junction to Bultfontein A/H,
- After 5km turn left at next T-junction,
- After 5.8km the road makes a 90° left turn,
- The 30km turnaround is 2km further on this road (before Sekelbos road).

### 42km route

- Start at the Church,
- After 2km turn right at first T-junction to Bultfontein A/H,
- After 5km turn left at next T-junction,
- After 5.8km the road makes a 90° left turn,
- After 7km turn left at T-junction,
- The 42km turnaround is just before the entrance to the army Signal Base.

**PLEASE NOTE: Road rules apply. Keep left at all times.  
You do not have road closure, so please exercise caution at all times.**

## Road Race: Start Times & Distances

> Saturday, 20 January 2018

**NOTE: Groups and start times may change. Please confirm before race day.**

Group	Start Time	Distance	Route (anti-clockwise)
U11 Girls	06:00	19.4	¾ of a lap
U11 Boys	06:00	19.4	¾ of a lap
U13 Girls	06:00	19.4	¾ of a lap
Para Cyclists (per classification)	06:05	26.5	1 Lap
U13 Boys	06:05	26.5	1 Lap
U15 Girls	06:05	26.5	1 Lap
Para Cyclists (per classification)	06:15	49	2 Laps in total (turn left once at T-junction)
Master Men 70+	06:15	49	2 Laps in total (turn left once at T-junction)
Master Ladies 60+	06:15	49	2 Laps in total (turn left once at T-junction)
U15 Boys	06:20	49	2 Laps in total (turn left once at T-junction)
U17 Girls	06:20	49	2 Laps in total (turn left once at T-junction)
U17 Boys	08:30	71.5	3 Laps in total (turn left twice at T-junction)



Junior Ladies	08:30	71.5	3 Laps in total (turn left twice at T-junction)
Para Cyclists (per classification)	08:40	71.5	3 Laps in total (turn left twice at T-junction)
Master Men 65-69	08:40	71.5	3 Laps in total (turn left twice at T-junction)
Master Men 60-64	08:40	71.5	3 Laps in total (turn left twice at T-junction)
3Master Ladies 50-54	08:40	71.5	3 Laps in total (turn left twice at T-junction)
Master Ladies 55-59	08:40	71.5	3 Laps in total (turn left twice at T-junction)
Tandems	08:50	94	4 Laps in total (turn left 3 times at T-junction)
Master Men 55-59	09:00	94	4 Laps in total (turn left 3 times at T-junction)
Master Men 50-54	09:00	94	4 Laps in total (turn left 3 times at T-junction)
Veteran Ladies 45-49	09:10	94	4 Laps in total (turn left 3 times at T-junction)
Veteran Ladies 40-44	09:10	94	4 Laps in total (turn left 3 times at T-junction)
Veteran Ladies 35-39	09:10	94	4 Laps in total (turn left 3 times at T-junction)
Veteran Ladies 30-34	09:10	94	4 Laps in total (turn left 3 times at T-junction)
<b>Prize giving will take place around 09:30 for the 1<sup>st</sup> group</b>			
U23 Men	12:30	161.5	7 Laps in total (turn left 6 times at T-junction)
Elite Men	12:30	161.5	7 Laps in total (turn left 6 times at T-junction)
Veteran Men 35-39	12:40	116.5	5 Laps in total (turn left 4 times at T-junction)
Veteran Men 30-34	12:40	116.5	5 Laps in total (turn left 4 times at T-junction)
Veteran Men 45-49	12:50	116.5	5 Laps in total (turn left 4 times at T-junction)
Veteran Men 40-44	12:50	116.5	5 Laps in total (turn left 4 times at T-junction)
U23 Ladies	13:00	116.5	5 Laps in total (turn left 4 times at T-junction)
Elite Ladies	13:00	116.5	5 Laps in total (turn left 4 times at T-junction)
Junior Men	13:10	116.5	5 Laps in total (turn left 4 times at T-junction)
<b>Prize giving will take place around 13:30 for the 2nd group</b>			
<b>Final prize giving of the day (approximately 17:00)</b>			




**Time Trial: Distances > Sunday, 21 January 2018**

Group	Distance
Under 11 Girls	10 km
Under 11 Boys	10 km
Under 13 Girls	10 km
Under 13 Boys	10 km
Under 15 Girls	10 km
Under 15 Boys	15 km
Under 17 Girls	15 km
Para Cyclists (per classification)	15 km
Para Cyclists (per classification)	20 km
Under 17 Boys	20 km
Junior Ladies	20 km
Junior Men	30 km
Under 23 Men	42 km
Elite Men	42 km
Under 23 Ladies	30 km
Elite Ladies	30 km
Tandems	20 km
Veteran Ladies 30-34	20 km
Veteran Ladies 35-39	20 km
Veteran Ladies 40-44	20 km
Veteran Ladies 45-49	20 km
Master Ladies 50-54	15 km
Master Ladies 55-59	15 km
Master Ladies 60+	15 km
Veteran Men 30-34	30 km
Veteran Men 35-39	30 km
Veteran Men 40-44	30 km
Veteran Men 45-49	30 km
Master Men 50-54	20 km
Master Men 55-59	20 km
Master Men 60-64	20 km
Master Men 65-69	20 km
Master Men 70+	15 km

**PLEASE NOTE:**

**Start time from 11:00 - starting with the shortest distance.**

**Individual start times to be confirmed on 18 January at 20h00, and distributed via e-mail and published on Gauteng North Facebook page**



Presented by:



## Gauteng Road and Time Trial Championships 20 and 21 January 2018

**You require a valid 2018 CSA Full Racing License to enter**

DATE OF BIRTH			
SEX	M		F
RIDER NAME & SURNAME			
MEDICAL AID NAME & NO			
E-MAIL			
CSA LICENSE NO		CELL NO	
EMERGENCY CONTACT		EMERGENCY NO	
REGION		RACE CATEGORY	
SIGNATURE OF CYCLIST / PARENT / GUARDIAN			

**Incomplete entry forms will be ignored and discarded**

MARK WITH X THE CATEGORY INDICATED ON YOUR LICENSE (as per Cycling SA categories)							
<b>RACING CATEGORY</b>	U/11		U/13		U/15		U/17
	Junior		U/23		Elite		Vet 30-34
	Vet 35-39		Vet 40-44		Vet 45-49		Vet 50-54
	Vet 55-59		Vet 60-64		Vet 65 - 69		Vet 70+
	Para Cyclists		Tandem				
MARK WITH X THE EVENT(S) YOU WOULD LIKE TO ENTER							
Road Race, Saturday 20 Jan '18				Time Trial, Sunday 21 Jan '18			

**CLOSING DATE: 15 January 2018 at 24h00**

**ENTRY FEE for TIME TRIAL:**

U15 and younger : R100  
 U17 and older : R250  
 Tandem : R500  
 Para Cyclists : R250

**No late entries for time trial**

**ENTRY FEE for ROAD RACE:**

U15 and younger : R200  
 U17 and older : R350  
 Tandem : R700  
 Para Cyclists : R350

**Late entries for road race will be accepted until 18 Jan with a penalty of R30 Not for Para Cyclists!**

**ENTRY FEE for BOTH EVENTS:**

U15 and younger : R255  
 U17 and older : R510  
 Tandem : R1020  
 Para Cyclists : R510

**Save 15% if entering for both events (Pre-entries only)**

**DEPOSIT ENTRY FEE INTO:**

Bank : FNB, Hatfield  
 Branch : 252145  
 Account no : 51460012432  
 Reference : Surname and champs  
 eg. Vanzylchamps

E-mail deposit slip, entry form or questions to **Gusti van Rooyen**: [gncsecretary@gmail.com](mailto:gncsecretary@gmail.com) or **082 895 6103**

**Registration will take place on Saturday an hour before the start of every race and Sunday up to an hour before your start time for the Time Trial.**

**DISCLAIMER:** All entrants participate entirely at their own risk and agree that they shall have no claim whatsoever against the organizing body, helper or sponsor in respect of any injury, loss or damage the participants may suffer arising from any injury to that person or property, caused directly or indirectly, by the negligence, albeit gross, of one or more of the aforementioned parties.